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# SYMMETRY

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**ORDER by PHONE**

Call: 720.929.9555  
Mon-Sat 8am - 9pm

If you need help ordering or choosing what products may be best for you then call us and a trained person will help you.

**Buy @ 30-60% Discount**



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Dr. Mark Crapo

"Do you want to feel and look better - find out how you can by using Symmetry health products."

Vitamin C is the most abundant water-soluble antioxidant in the body. Studies have shown that high intake of Vitamin C correlates to heart health and may also be beneficial in the support of normal high blood pressure and circulation. Vitamin C plays a vital role in protecting the body against oxidative damage, and is also necessary for the manufacturing of collagen, the protein that forms the basis of connective tissue. Symmetry's powerful botanical blend - Botana-C compounds Vitamin C with essential composites, enhancing it into a vitamin phytonutrient powerhouse and giving your body the best formula and maximum vitamin C it needs to stay healthy.

### ▶ Symmetry's powerful botanical blend in Botana-C features:

- 500 mg of Vitamin C offering cellular protection from free radical damage, protects and supports blood vessels, bones, joints, organs and muscles.
- Boosts immunity, promotes healthy eyes, skin, ligaments, bones and gums, assists in the healing of wounds, and maintains youthful skin elasticity.
- Plant phytonutrients provide an array of health-promoting properties.
- Prolonged release of 1-3 hours.
- Calcium ascorbate, which buffers potential stress on the GI (gastrointestinal) tract and aids in building a strong skeletal structure.
- Powerful antioxidant properties from blueberries and cranberries.
- 

**People using Botana-C also use these supporting products:**

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### Ingredients and Supplement Facts

\*Daily value not established

### Botana-C

**Suggested Use:** Take one to two prolonged-release caplets daily as a dietary supplement

**Symmetry products are not sold in Stores**

Supplement Facts	Amount Per Serving	% Daily Value
Serving size: 1 caplet Servings per Container: 60 caplets		
Vitamin C (as ascorbic acid and calcium ascorbate)	500 mg	833
Citrus bioflavonoid complex (1-3% hesperidin)	100 mg	*
Rutin	10 mg	*
Hesperidin complex (25% hesperidin)	10 mg	*
Quercetin dihydrate	5 mg	*
Botana-C blend: Acerola (Malpighia glabra) berry extract, cranberry (Vaccinium macrocarpon) fruit 12:1 concentrate, rose hips (Rosa spp), blueberry (Vaccinium corymbosum) fruit 10:1 juice concentrate and grape skin (Vitis vinifera) extract (14-18% total phenolics)	55 mg	*
DeltaZorb (proprietary patented blend of herbal extracts)†	1.25 mg	*

†DeltaZorb is a trademark of Symmetry Corporation, and is protected by U.S. Patents.



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Preferred Customers are the customers of Symmetry products who have taken advantage of Symmetry's Preferred Customer discounts by paying an annual membership fee and agreeing to a monthly autoship. Preferred customers receive a monthly order that can be modified online.

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## Other Symmetry Products

### **Nutritionals**

Genesis X24  
Genesis  
NutraPack  
Ultra Vitality Crystals  
Ultra Vitality Drink  
Ultra Vitality Nutra Pack

### **Weight Loss**

UltraSlym Pack  
Carbless  
Simply Slym  
Liposorb  
Wow Smoothie  
WOW Pack

### **Skin Care**

Skin Renewal Caplets  
Skin Essentials  
- Facial Cleanser  
- Daily Moisturizer  
- Hand/Body Lotion  
- Firming Serum

### **Natural Soap**

Botanic Gold

### **Nutritional Systems**

Protection 4 Life with Genesis  
Protection 4 Life with Aloe Plus  
Protection 4 Life with New  
Attitude  
Vitality System

### **Cleanse Products**

BotanaCleanse  
BotanaCleanse Plus  
ParaCleanse

### **Children and Kids Daily**

Fruitamins  
Future Star

### **Bundles**

Cleanse Bundle  
Joint Support  
Stress Bundle  
Winter Bundle

### **Water Filter**

Countertop Water Filter

### **Daily Health Support**

Advanced Omega  
Mega Juice  
Female Balance  
Male Balance  
Calcium Coverage

### **Herbal Support Products**

Aloe Plus  
Aphrodisia 136  
Bio Infinity  
Botana-E  
Botana-C  
Botana-G  
BotanaLax  
Cardio Essentials  
Clarity  
Cold RX  
Ease GM  
Immunity  
Glucosamine Formula  
New Attitude  
Neurocalm  
Optibreathe  
Tranquility

\*Our name "Symmetry" was chosen because it means "beauty resulting from balanced or harmonious arrangement".

and this describes our Herbal and Nutritional Health supplements. All of our products are manufactured with the most advanced techniques and under stringent guidelines to ensure that you get the freshest, purest, and best quality Botana-C product possible. Through research, education, and a sincere concern for planet Earth, you, and your family's health, joy, and well being.

All information presented on these web pages is not meant to diagnose, prescribe, or to administer to any physical ailments.  
In all matters related to your health please contact a qualified, licensed practitioner.

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