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If you need help ordering or choosing what products may be best for you then call us and a trained person will help you.

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Dr. Mark Crapo

"Do you want to feel and look better - find out how you can by using Symmetry health products."

Do you ever suffer from low energy, head-aches, and mental "fogginess" for which you cannot find an explanation? so, you may be experiencing the effects of systemic toxicity. According to traditional medicine practices, proper diet alone is not enough to eliminate many of the stored toxins which accumulate in our digestive systems.

BotanaCleansePlus is a 2-formula, 14-day consolidated formula, which is more powerful than BotanaCleanse, yet easy on your stomach to rid your body of parasites, bacteria and viruses. Cleanse, nourish and support your digestive system for good health!

See also: [Cleanse Bundle](#)

▶ **Take BotanaCleanse Plus as a natural, gentle step towards optimum health.**

- Provides a gentle, mild cleansing with botanicals and natural fibers.
- Nourishes and protects the colon with probiotics to support the "friendly flora" in the colon.
- Natural ingredients that work synergistically to cleanse and support the entire body, removing toxins and protecting the colon.

People using Botana-Cleanse Plus also use these supporting products:

[ParaCleanse](#)

[Cleanse Bundle](#)

[Ultravitality NutraPack](#)

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Ingredients and Supplement Facts

*Daily value not established

BotanaCleanse Plus

Formula One

Suggested Use: Take three to five tablets 3 times a day, with an 8 oz. glass of water, for four days as a dietary supplement.

**Symmetry
products
are not sold
in Stores**

Supplement Facts	Amount Per Serving	% Daily Value
Serving size: 4 tablets Servings per Container: 60 tablets		
Aloe vera leaf	1000 mg	*
Citrus peel (Citrus spp.)	200 mg	*
Fig fruit (Ficus carica)	200 mg	*
Prune fruit (Prunus domestica)	200 mg	*
Red clover flower (Trifolium pratense)	200 mg	*
Rhubarb root (Rheum rhabarbarum)	200 mg	*
Sarsaparilla root (Smilax officinalis)	200 mg	*
Yellow dock root (Rumex crispus)	200 mg	*
Apple cider vinegar	100 mg	*
Apple pectin (Pyrus malus)	100 mg	*
Buchu leaf (Barosma betulina)	100 mg	*
Cranberry fruit (Vaccinium macrocarpon)	100 mg	*
Lotus seed (Nelumbo nucifera)	100 mg	*
Bromelain (80 GDU/g)	50 mg	*
Papain (2,000 USP/mg)	50 mg	*
Fiber Blend : Vegetable fiber Guar gum Beet fiber (Beta vulgaris) root Carrot fiber (Daucus carota) root Frutafit Inulin [fructo-oligosaccharide extract of chicory (Cichorium intybus) root] Oat fiber (Avena sativa) hull Pea fiber (Pisum sativum) seed Psyllium (Plantago asiatica) seed	5,000 mg	*

Formula Two

Suggested Use: After completing formula one, take 2 capsules at bedtime or rising, for 10 days as a dietary supplement.

Supplement Facts Serving size: 3 capsules Servings per Container: 20 capsules	Amount Per Serving	% Daily Value*
Intestinal flora blend: Lactobacillus acidophilus Lactobacillus plantarum Bifidobacterium bifidum Lactobacillus casei	3 billion CFU	*
Dahlulin (fructooligosaccharides and Mannanooligosaccharides) from Chicory (Cichorium intybus) roots, Dahlia variabilis tubers and artichoke (Cynara cardunculus)	750 mg	

Dahlulin is a trademark of American Inulin Group, and is protected by U.S. Patents #4,283,432 and #4,285,735.

Notice: This product contains aloe vera leaf and rhubarb root. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because aloe vera leaf and rhubarb root may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea. If you are pregnant, nursing, taking medication, or have a medical condition, consult your physician before using this product.

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Genesis
NutraPack
Ultra Vitality Crystals
Ultra Vitality Drink
Ultra Vitality Nutra Pack

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UltraSlym Pack
Carbless
Simply Slym
Liposorb
Wow Smoothie
WOW Pack

Skin Care

Skin Renewal Caplets
Skin Essentials
- Facial Cleanser
- Daily Moisturizer
- Hand/Body Lotion
- Firming Serum

Natural Soap

Botanic Gold

Nutritional Systems

Protection 4 Life with Genesis
Protection 4 Life with Aloe Plus
Protection 4 Life with New
Attitude
Vitality System

Cleanse Products

BotanaCleanse
BotanaCleanse Plus
ParaCleanse

Children and Kids Daily

Fruitamins
Future Star

Bundles

Cleanse Bundle
Joint Support
Stress Bundle
Winter Bundle

Water Filter

Countertop Water Filter

Daily Health Support

Advanced Omega
Mega Juice
Female Balance
Male Balance
Calcium Coverage

Herbal Support Products

Aloe Plus
Aphrodisia 136
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Botana-G
BotanaLax
Cardio Essentials
Clarity
Cold RX
Ease GM
Immunity
Glucosamine Formula
New Attitude
Neurocalm
Optibreathe
Tranquility

Our name "Symmetry" was chosen because it means "beauty resulting from balanced or harmonious arrangement", and this describes our Herbal and Nutritional Health supplements. All of our products are manufactured with the most advanced techniques and under stringent guidelines to ensure that you get the freshest, purest, and best quality product BotanaCleanse Plus possible. Through research, education, and a sincere concern for planet Earth, you, and your family's health, joy, and well being.

All information presented on these web pages is not meant to diagnose, prescribe, or to administer to any physical ailments.
In all matters related to your health please contact a qualified, licensed practitioner.

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