



[Ingredients](#)

\$28.91

Buy Now ▶

Retail

\$17.50

Buy Now ▶

Pref. Customer

[How to be a Pref. Customer](#)

[Other Countries Prices](#)

# SYMMETRY

[See our new Web Site](#)

▶ **NEED HELP?**  
or want to  
**ORDER by PHONE**

Call: 720.929.9555  
Mon-Sat 8am - 9pm

If you need help ordering  
or choosing what products  
may be best for you then  
call us and a trained  
person will help you.

**Buy @ 30-60% Discount**



[Preferred Customer Membership](#)



Dr. Mark Crapo

"Do you want to feel and  
look better - find out how you can  
by using Symmetry health products."

Your respiratory system encounters problematic factors on a daily basis - weather conditions, dust, pollen, molds, and car exhaust - to name just a few. Furthermore, statistics show that many of us suffer from respiratory-related allergies which can cause congestion and difficulty breathing. Symmetry's Opti Breathe formula provides a powerful blend of botanicals and nutrients to support your respiratory system, and strengthen the resilience of the lungs and nasal passages in the face of these daily challenges.

There are a number of different traditional herb formulas that maintain the functioning of the respiratory system, with a very long history of safe use. Opti-Breathe consolidates all of these important ingredients into one effective formula.

### ▶ **Support your respiratory system with Symmetry's OptiBreathe**

- Restrain daily allergies and breathe easier
- Opti-Breathe features: A time-tested botanical blend that works to strengthen the resilience of the lungs and nasal passages.
- Supportive blend of B Vitamins and Magnesium
- Support and strengthen all systems of the body

**People using Opti-Breathe also use these supporting products:**

[Genesis](#)

[Cleanse Bundle](#)

[Immunity](#)

[Ultravitality NutraPack](#)

[Go Back](#)

**OptiBreathe**  
**Symmetry**  
**products**  
**are not sold**  
**in Stores**

### Ingredients and Supplement Facts

\*Daily value not established

**Suggested Use:** Take two caplets daily as needed as a dietary supplement, or as desired

Supplement Facts	Amount Per Serving	% Daily Value
Serving size: 2 caplets Servings per Container: 60 caplets		
Riboflavin	5 mg	300
Niacin (as niacinamide)	40 mg	200
Magnesium (as magnesium oxide)	100 mg	25
Zinc (as zinc citrate)	7.5 mg	50
Allergy herbal blend: yerba mate ( <i>Ilex paraguariensis</i> ) leaf, angelica ( <i>Angelica dahurica</i> ) root, chrysanthemum ( <i>Chrysanthemum morifolium</i> ) flower, magnolia ( <i>Magnolia officinalis</i> ) flower, vitex ( <i>Vitex rotundifolia</i> ) fruit, peppermint ( <i>Mentha x piperita</i> ) leaf, atractylodes ( <i>Atractylodes lancea</i> ) rhizome, codonopsis ( <i>Codonopsis pilosula</i> ) root, field mint ( <i>Mentha haplocalyx</i> ) leaf, immature tangerine peel ( <i>Citrus reticulata blanco</i> ), ledebouriella ( <i>Ledebouriella seseloides</i> ) root, peony ( <i>Paeonia suffruticosa</i> ) bark, perilla ( <i>Perilla frutescens</i> ) leaf, schizonepeta ( <i>Schizonepeta tenuifolia</i> ) aerial parts	666 mg	*
Odor-controlled Garlic ( <i>Allium sativum</i> ) bulb	100 mg	*
Quercetin dihydrate	20 mg	*
DeltaZorb (proprietary patented blend of herbal extracts)**	2.5 mg	*

\*\*DeltaZorb is a trademark of Symmetry Corporation, and is protected by U.S. patents.



## Preferred Customer Membership

Save 30% to 60%

**Preferred Customer**



Preferred Customers are the customers of Symmetry products who have taken advantage of Symmetry's Preferred Customer discounts by paying an annual membership fee and agreeing to a monthly autoship. Preferred customers receive a monthly order that can be modified online.

[Join As Preferred Customer](#) →

[Join as United States Preferred Customer](#)

[Other Countries click here](#)

or get your membership  
by calling 720.929.9555

[Go Back](#)

## Other Symmetry Products

### Nutritionals

Genesis X24  
Genesis  
NutraPack  
Ultra Vitality Crystals  
Ultra Vitality Drink  
Ultra Vitality Nutra Pack

### Weight Loss

UltraSlym Pack  
Carbless  
Simply Slym  
Liposorb  
Wow Smoothie  
WOW Pack

### Skin Care

Skin Renewal Caplets  
Skin Essentials  
- Facial Cleanser  
- Daily Moisturizer  
- Hand/Body Lotion

### Nutritional Systems

Protection 4 Life with Genesis  
Protection 4 Life with Aloe Plus  
Protection 4 Life with New  
Attitude  
Vitality System

### Cleanse Products

BotanaCleanse  
BotanaCleanse Plus  
ParaCleanse

### Children and Kids Daily

Fruitamins  
Future Star

### Bundles

Cleanse Bundle  
Joint Support  
Stress Bundle  
Winter Bundle

### Daily Health Support

Advanced Omega  
Mega Juice  
Female Balance  
Male Balance  
Calcium Coverage

### Herbal Support Products

Aloe Plus  
Aphrodisia 136  
Bio Infinity  
Botana-E  
Botana-C  
Botana-G  
BotanaLax  
Cardio Essentials  
Clarity  
Cold RX  
Ease GM  
Immunity  
Glucosamine Formula  
New Attitude  
Neurocalm

- Firming Serum

**Natural Soap**  
Botanic Gold

**Water Filter**  
Countertop Water Filter

Optibreathe  
Tranquility

Our name "Symmetry" was chosen because it means "beauty resulting from balanced or harmonious arrangement", and this describes our Herbal and Nutritional Health supplements. All of our products are manufactured with the most advanced techniques and under stringent guidelines to ensure that you get the freshest, purest, and best quality OptiBreathe product possible. Through research, education, and a sincere concern for planet Earth, you, and your family's health, joy, and well being.

All information presented on these web pages is not meant to diagnose, prescribe, or to administer to any physical ailments.  
In all matters related to your health please contact a qualified, licensed practitioner.

Independent Business Partner

[Home](#) | [Become a Distributor](#) | [Preferred Customer Membership](#) | [Order](#) | OptiBreathe

All Rights Reserved - Copyright 1995-2009 Go Symmetry