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Dr. Mark Crapo

"Do you want to feel and look better - find out how you can by using Symmetry health products."

It is a well known fact that all adults should be taking a multivitamin to supplement their diet and to prevent nutritional deficiencies that could otherwise deteriorate a person's health. Few people eat as nutritiously as they should; taking any supplement won't cut it - it should contain the right nutrients that target the right places. Symmetry's Ultra Vitality multivitamin/mineral supplement offers a novel, innovative approach to properly nourish and protect the body, creating a foundation for a longer, healthier life.

UltraVitality is more than just an alternative to tablets and capsules, it's a revolutionary nutritional supplement that features Symmetry's own DeltaZorb, which ensures optimal levels of nutrition are delivered to your body. It comes in a convenient drink mix that easily dissolves in water, allowing the nutrients to digest quickly, so you can be assured that you are getting the full benefits of all the essential vitamins and minerals!

See also: [Protection 4 Life with Genesis health system](#)

▶ With just one packet of Ultra Vitality a day - you'll experience what VITALITY really feels like!

In addition to the wide spectrum of antioxidants, phytonutrients, vitamins, minerals, essential fatty acids, enzymes, super foods, aloe vera and more, you'll benefit from the Sea Mineral Blend which can help replace vital elements lost through perspiration and exercise, and help sustain endurance and athletic ability while easing muscular aches and pains. These minerals and trace elements also sustain the electrical communication of the body's nervous system, including the beating heart. Drink your daily nutrition of Ultra Vitality and receive the superb nutritional support that you've come to count on from Symmetry.

People using UltraVitality also use these supporting products:

[Advanced Omega](#)

[MegaJuice](#)

[Genesis](#)

[Female Balance](#)

[Male Balance](#)

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UltraVitality

**Symmetry
products
are not sold
in Stores**

Ingredients and Supplement Facts		*Daily value not established	
Supplement Facts	Amount Per Serving	% Daily Value	
Serving size: 1 packet (4.7 g) Servings per Container: 30 packets (141 g)			
Calories	0		
Total carbohydrate (Percent values are based on 2,000 calorie diet.)	0 g	0%*	
Sugars	0 g		
Dietary fiber	0 g	0%*	
Vitamin A (as beta-carotene)	10,000 IU	200%	
Vitamin C (as ascorbic acid)	300 mg	500%	
Vitamin D (as cholecalciferol)	400 IU	100%	
Vitamin E (as dl-alpha tocopheryl acetate and d-alpha tocopheryl acetate)	100 IU	333%	
Thiamin (as thiamin HCl)	15 mg	1000%	
Riboflavin	15 mg	880%	
Niacin (as niacinamide)	30 mg	150%	
Vitamin B6 (as pyridoxine HCl)	20 mg	1000%	
Folate (as folic acid)	400 mcg	100%	
Vitamin B12 (as cyanocobalamin)	50 mcg	833%	
Biotin	150 mcg	50%	

Pantothenic acid (as D-calcium pantothenate)	30 mg	300%
Calcium (as calcium carbonate, coral calcium and calcium citrate)	250 mg	25%
Iodine (as potassium iodide)	50 mcg	33%
Magnesium (as magnesium oxide, magnesium citrate and magnesium glycinate)	50 mg	13%
Zinc (as zinc oxide and zinc chelate)	15 mg	100%
Selenium (as sodium selenite and L-selenomethionine)	70 mcg	100%
Copper (as copper oxide)	2 mg	100%
Manganese (as manganese sulfate)	5 mg	250%
Chromium (as chromium polynicotinate)	150 mcg	125%
Potassium (as potassium citrate)	125 mg	4%
Horsetail (<i>Equisetum arvense</i>) extract whole plant	25mg	*
Nutritive herbal blend [nettle (<i>Urtica dioica</i>) leaf, dandelion (<i>Taraxacum officinale</i>) leaf and jujube (<i>Ziziphus jujuba</i>) fruit]	5 mg	*
Vitality blend: Papain, Bromelain, Granulated juice crystals: cherry, lemon, and orange juice flavored crystals Herbal blend: Cayenne pepper (<i>Capiscum frutescens</i>) fruit, chamomile (<i>Anthemis nobilis</i>) flower and ginger (<i>Zingiber officinale</i>) root, Apple cider vinegar, L-Carnitine hydrochloride, Choline bitartrate, Dahlulin™† [chicory (<i>Cichorium intybus</i>) root juice], GLA (gamma-linolenic acid) blend: As borage seed (<i>Borago officinalis</i>) oil and Inositol	100 mg	*
Probiotic blend: <i>Lactobacillus acidophilus</i> and <i>Bifidobacterium bifidum</i>	1.5 million CFU	*
Chlorophyll blend: from alfalfa (<i>Medicago sativa</i>) leaf, carrot (<i>Daucus carota</i>) root, <i>D. salina</i> algae and tomato (<i>Lycopersicon lycopersicum</i>)	4 mcg	*
Energy blend: Eleuthero (<i>Eleutherococcus senticosus</i>) root, Fo-ti (<i>Polygonum multiflorum</i>) root and gotu kola (<i>Centella asiatica</i>) fruit	125 mg	*
Antioxidant base: Citrus bioflavonoids (from orange peel), rose hips (<i>Rosa canina</i>), proanthocyanidin complex [from green tea (<i>Thea sinensis</i>) leaf extract, pine bark (<i>Pinus maritimus</i>) extract and grape seed (<i>Vitis vinifera</i>) extract]	75 mg	*
Super food base: Ginkgo biloba (from 50:1 concentrate) leaf , barley grass (<i>Hordeum vulgare</i>), apple pectin (<i>Pyrus malus</i>), astragalus (<i>Astragalus membranaceus</i>) root extract, burdock (<i>Arctium lappa</i>) root, citrus pectin, odorized garlic bulb (<i>Allium sativum</i>), parsley (<i>Petroselinum crispum</i>) leaf, red clover (<i>Trifolium pratense</i>) flower, schisandra (<i>Schizandra chinensis</i>) fruit, spirulina algae (<i>Spirulina pratensis</i>)	32.5 mg	*

Digestive Blend: Papaya, ginger (Zingiber officinale) root, DeltaZorb™†† (proprietary patented blend of herbal extracts), amylase, glucoamylase, protease, acid protease, cellulose, lipase, licorice, betaine HCl, dandelion (Tarazacum officinale) root, Pau D'Arco (Tabebuia impetiginosa) bark, chamomile (Anthemis nobilis) flowering tops	50 mg	*
Sea Calcium Blend: Calcium carbonate, coral calcium and calcium citrate	625 mg	*
Aloe vera leaf gel (from 1 mg 200:1 concentrate)	200 mg	*
†Dahlulin™ is a trademark of American Inulin Group, and is protected by U.S. Patents #4,283,432 and #4,285,735. †† DeltaZorb™ is a trademark of Symmetry Corporation and is protected by U.S. patents.		

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Attitude

Daily Health Support

Advanced Omega
Mega Juice
Female Balance
Male Balance

Ultra Vitality Drink Ultra Vitality Nutra Pack	Vitality System	Calcium Coverage
Weight Loss UltraSlym Pack Carbless Simply Slym Liposorb Wow Smoothie WOW Pack	Cleanse Products BotanaCleanse BotanaCleanse Plus ParaCleanse	Herbal Support Products Aloe Plus Aphrodisia 136 Bio Infinity Botana-E Botana-C Botana-G BotanaLax Cardio Essentials Clarity Cold RX Ease GM Immunity Glucosamine Formula New Attitude Neurocalm Optibreathe Tranquility
Skin Care Skin Renewal Caplets Skin Essentials - Facial Cleanser - Daily Moisturizer - Hand/Body Lotion - Firming Serum	Children and Kids Daily Fruitamins Future Star	
Natural Soap Botanic Gold	Bundles Cleanse Bundle Joint Support Stress Bundle Winter Bundle	
	Water Filter Countertop Water Filter	

Our name "Symmetry" was chosen because it means "beauty resulting from balanced or harmonious arrangement", and this describes our Herbal and Nutritional Health supplements. All of our products are manufactured with the most advanced techniques and under stringent guidelines to ensure that you get the freshest, purest, and best quality UltraVitality product possible. Through research, education, and a sincere concern for planet Earth, you, and your family's health, joy, and well being.

All information presented on these web pages is not meant to diagnose, prescribe, or to administer to any physical ailments. In all matters related to your health please contact a qualified, licensed practitioner.

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