

SYMMETRY

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Botanic GOLD™ User Guide

Symmetry Direct --- Multi-use Botanical Soap & Cleaner

Botanic GOLD is an all-natural, safe, extraordinarily powerful petrochemical-free multi-purpose cleaner with hundreds of uses. Try it on any washable surface! You will soon discover why it is called the best, most versatile soap in the world.

You can use Botanic GOLD throughout your household. For normal jobs, simply spray and wipe. For tough jobs, spray on, agitate by rubbing or brushing, let it stand for two minutes or so, then wipe clean.

Botanic GOLD utilizes breakthrough scientific technology – the miracle of *micelle molecules* – to effectively break down and emulsify oils without chemicals or harm to humans or animals. This natural molecular technology utilizes microscopic energy fields of negative ions creating a brand new micelle molecule with unlimited uses.

Botanic GOLD is made with a unique colloidal solution of plant-derived ingredients. Now you can clean your entire home, your pets, your children, yourself, and your lawn and garden without exposure to additional toxins.

While you can't control your exposure to many toxins – like car exhaust, poor indoor air quality at the office, mass pesticide campaigns, and your neighbor's use of air fresheners and fragrances – you *can* control whether or not you buy or bring home toxic products. You *can* replace all harmful, toxic products and cleaners. You *can* create a more healthful home and workplace!

Pure Products ~ Safe World

Botanic GOLD is completely non-toxic and contains NO ammonia, NO ammonium, NO animal products, NO artificial ingredients, NO chlorine, NO citric acid, NO dye or colors, NO harmful ingredients, NO hydrochloric acid, NO hydrofluoric acid, NO isopropyl alcohol, NO laureth sulfate, NO nitric acid, NO perfumes or fragrances, NO petroleum products, NO phosphates, NO phosphoric acid, NO propylene glycol, NO sodium lauryl sulfate, NO solvents, NO sulfates, NO sulfuric acid, NO synthetic chemicals, and NO thickeners or fillers.

Botanic GOLD is NON-abrasive, NON-caustic, NON-combustible, NON-corrosive, NON-explosive, NON-flammable, NON-fuming, NON-hazardous, NON-polluting and NON-toxic.

It is the preferred cleaning solution for those with chemical sensitivities. It is ideal for anyone desiring to reduce their risk of future chemical sensitivities or the other negative health effects of the *cumulative* toxic build-up in the body from the ongoing use of any amount of poison or toxic ingredient in personal care and household cleaning products.

Botanic GOLD is environmentally friendly, biodegradable and 100% natural. Seasonal variations in color are expected and do not affect the product's performance.

***NOTE:** Botanic GOLD is intended for use in diluted proportions. If concentrate comes in direct contact with eye, flush eyes with water.*

The Ultimate Solution for Poison Safety

Start reducing your risk today by getting to know what products are most toxic in your home. Household cleaners and detergents marked with the "signal" words "Caution", "Warning" or "Danger" are legally defined as poisonous. These three words are legal markers mandated by the EPA to appear on the label, and mean that a product is lethal enough to kill an adult 180-pound male in certain specific amounts. They replaced the familiar but no longer seen "skull & crossbones" symbol designating lethal poisons:

CAUTION: An ounce to a pint could be **FATAL** to an adult if ingested.

WARNING: A teaspoon to an ounce could be **FATAL** to an adult if ingested.

DANGER: A taste to a teaspoon could be **FATAL** to an adult if ingested.

Children cannot read these words of warning! Their bodies also cannot handle what an adult body can handle. Using Botanic GOLD you can replace harmful household products, effectively eliminating risk of accidental poisonings and inhalant abuse. You have an urgent responsibility to protect your children and teenagers from poisons, and not just from accidental poisonings and misuse of toxins.

Equally devastating is the possible brain, organ and tissue damage that many believe are the result of continuous exposure to common household chemicals. The side effects may range from learning difficulties, inability to concentrate to numerous allergic reactions. Why allow these risks into your home -- REMOVE THEM! It can't happen in your home if there aren't any poisons available. Botanic GOLD cleans so well and is so versatile that you will no longer need to worry about poisons in your home!

You have the power to choose ultra-safe, super effective Botanic GOLD over fuming, poisonous household cleaners. Reducing your exposure to chemicals is a huge step you can take towards building a stronger immune system today and improving overall health for your family, your neighbors and our planet tomorrow.

“For people who are chemically sensitive like me, we fight a chemical and biological war every single day. I wouldn't dream of spending a day without Botanic GOLD close at hand.”

Kaylin D'Aire

Dilutions

Try Botanic GOLD at the dilution rates listed for each application, but keep in mind that these are starting points, since many people vary the dilution as they work with the product.

The dilution ratios are water to concentrate – in other words, the first number is water and the second number is Botanic GOLD concentrate. It is important to find the right dilution rate for your home water type. For “harder” water, add more concentrate; for “softer” water, add less concentrate. Experiment to find what works best for you.

Use filtered, purified water for the best quality and performance. (Water from Symmetry's Countertop Water System WES-10 is ideal.) Use Symmetry's durable 2-gallon dispenser to make “3:1 on Tap”. This makes it easy and convenient to keep all your bottles filled, and to dispense 3:1 directly for laundry, dishes, and much more.

To mix “3:1 on Tap” pour Botanic GOLD Concentrate into the dispenser to the “fill” line, and then fill to the top with purified water. You will love how easy it is to keep your home sparkling with the convenience of “3:1 on Tap”. No more hiding bottle after bottle of cleaners “out of reach of children” or poison control hotline posted by the phone.

7:1 Botanic GOLD is the most widely used solution. Everyone has his or her favorite uses. Your own preferred uses will depend on you, where you live, and your lifestyle. As you use Botanic GOLD for more and more things, you may find yourself pleasantly surprised by the true versatility of this non-toxic product.

A good place to start is with the most common uses of the 7:1 solution, including dishes, laundry, bathroom, kitchen, and mechanical/oil/greasy clean up. Try it yourself on just about anything!

Botanic GOLD is very versatile. That means the dilutions do not need to be exact to work effectively. In fact, many people use more than one dilution for the same application. Keep it simple! Find what works best for you (and your water type) by experimenting and start enjoying the ultra-safe micelle cleaning power of Botanic GOLD – the most versatile “soap” in the world!

“I've used Botanic GOLD for approximately 2 years. I use it for everything possible in my house. I clean toilets and everything else with it, use it to hand wash dishes, as well as in the dishwasher and the washing machine. The results are wonderful and consistent.”

Linda Tucker

“I keep bottles of 3:1 solution all over my house...[I] use it to wash my clothes, my dishes, fruit, wash, mop floors [and] every area of the kitchen – especially cabinets after cooking... [I also use it to] clean out the stinking garbage cans; take wax off floors, and clean walls. I want to thank you for such a safe wonderful product!!” – Judy Hoffman

For mixing lighter solutions in the Spray Bottle from 3:1, follow these guidelines:

- 7:1** – Fill with 3:1; fill rest with purified water
- 15:1** – Fill with 3:1; fill rest with purified water
- 31:1** – Fill 1/8 with 3:1; fill rest with purified water
- 63:1** – Fill 1/16 with 3:1; fill rest with purified water

Botanic GOLD is *water-based*, so use sparingly and dry thoroughly when using on raw wood surfaces. Also keep in mind that Botanic GOLD is an *oil emulsifier* – that means use cautiously with varnished or painted surfaces that are oil based.

For questions, new uses and true stories contact your Symmetry distributor today or call or email us at 720.929.9555 / info@go-symmetry.com. We look forward to hearing your own stories about this amazing, versatile product!

Cleaning has never been this easy. So get out your Botanic GOLD dispensers and have some FUN!!!

USES AND RECOMMENDED DILUTIONS

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Home and Office:

ADHESIVES – (1:1) Spray and allow to soak. Agitate with brush or fingernail and rinse clean.

AIR FILTERS – (7:1) Spray, let sit for 15 minutes, and rinse thoroughly.

Jerry Taylor uses Botanic GOLD exclusively for his air conditioner filter:

“I have an electrostatic air filter for an air conditioner. They sent a special solution to wash it, because you can’t use just any kind of cleaner on it. After you use it and rinse it, the instructions say to hold it up to the sun to see if it completely cleaned the filter. I did this several times, but still couldn’t get rid of all the dark cloudy areas. Then I used Botanic GOLD 3:1 solution using the same procedure: spray, let sit for 15 minutes, then rinse. After I shot the water through it with the hose and held it up to the sun, all residues had completely disappeared!”

ALL-PURPOSE CLEANER – (3:1) For normal jobs, spray and wipe. For tough jobs, spray on, agitate the molecules with a brush and let stand for about two minutes, then wipe clean.

ALUMINUM – (7:1) Spray and wipe. If needed, agitate molecules by brushing and allow to soak before wiping.

APPLIANCES – (3:1) Spray, let sit for 30 seconds, then wipe.

ASH TRAYS – (3:1) Empty excess ashes, spray with solution and rinse clean.

BABY TOYS – (3:1) Spray solution directly onto washable toys. Or, fill a bucket with warm water, add 2-4 ounces of 3:1 solution and allow toys to soak. Use small brush to clean in crevices if necessary. Rinse clean. For electronics or toys that cannot get wet, spray a washcloth until damp, wipe surfaces then dry with fresh cloth. For fabric toys or stuffed animals, launder or hand wash with Botanic GOLD Give your baby the benefit of a clean, chemical free, safe play environment! Don’t forget the preschool and big kid toys – especially for shared play areas.

BACKYARD ITEMS – (3:1) Spray, soak or scrub stuff depending on size and accumulation of dirt. Use water pressure to help remove grit.

BASKETBALLS – (3:1) Spray, then buff with a damp cloth. For really gritty outdoor use, spray, then agitate with brush to lift dirt. Rinse clean.

BATHTUB MAT – (1:1) Spray both sides with the 1:1 solution. Let sit 30 seconds. Agitate with stiff brush or terry cloth rag. Rinse. For ongoing maintenance, use a 3:1 solution.

BATHTUBS – (3:1) Sponge on or spray solution on all surfaces. Let sit at least 30 seconds. Scrub or wipe clean and rinse thoroughly. Great on soap scum!

BATHROOMS – (3:1) Botanic GOLD can be used for every corner of your bathroom!

Faith Richardson in Steelville, IL originally purchased Botanic GOLD to help rid her dog of ear mites. Then she started cleaning with it when she ran out of her regular cleaner.

Here’s her story:

“Because it cleaned everything so well I used it all up and my house was never cleaner. It took out spots I thought would always be there. I used the 3:1 dilution for heavy corroded areas, 7:1 on others, and finally 31:1 as that was all I had left. The faucets had lime deposits and looked corroded. The tub and sink were dull with wear. After cleaning, it sparkled. I got all the deposits out. The rugs had stains that had been there for years, but they came out. Windows sparkled. Mildew came out of the ceiling in the bathroom.”

BEACH TAR – (3:1) Spray directly on tar. Rub with fingers. Rinse off with ocean water! At home, use an old rag or paper towel to wipe tar off feet, shoes or other surfaces after spraying with Botanic GOLD. Supercharged, no-drip BoGo Blaster™ foam is a great idea for the car. Don't leave for the beach without it!

BEVERAGE STAINS – (3:1) Follow stain protocol: Use one paper towel behind stain. Wet stain lightly with water (choose the water source with the least amount of minerals.) Spray solution on second paper towel. Dab carefully directly on the stain. Follow with more water and a clean paper towel. Do not rub – press to remove excess water and lift stain from material.

BICYCLES – (3:1) Spray solution on wheels, frame, handlebars, etc. Wipe with damp cloth and buff dry.

BLINDS (VENETIAN AND MINI) – (3:1) Close blinds completely. Wipe solution on with damp cloth or towel and follow with a soft, dry cloth.

BLOOD – (3:1) Use Sprayer or “super-charged” BoGo Blaster foam on blood spots. Leave soaking or agitate with brush and rinse. Overnight soaking does wonders on larger spots. For mattresses, upholstery and carpets, pump foam on spot and allow time for the micelle molecules to lift the stain off the surface.

Jerry Taylor from Miami, FL has the knack for fast spot removal:

“One time I shaved and got a little nick. I was getting ready for church but a little blood spot had dried on my collar. I sprayed a 3:1 solution just on the spot with a towel on the back. I used a toothbrush and scrubbed it and another damp towel to rinse it without it getting too wet. The spot dried really fast, and I was able to wear the shirt.”

BOWLING BALLS – (3:1) For a “reactive” bowling ball, use Botanic GOLD in a 3:1 solution. Spray, then buff with a damp cloth. This leaves a “tacky” surface. Enjoy your game!

BRASS – (3:1) Botanic GOLD is great for removing oils left from hands on railings and other brass surfaces. Wipe with a damp cloth sprayed with solution. Dry thoroughly.

BRICKS – (3:1) Dampen area to be cleaned. Spray solution directly on bricks or dip a stiff brush into solution and brush onto bricks. Rinse. A heavier concentration may be needed, depending on the amount of grime or soot on bricks.

BRIEFCASES – (3:1) Wipe with damp cloth sprayed with solution and dry immediately.

BRONZE – (7:1) Spray cloth with solution. Wipe item with damp cloth. Dry thoroughly.

BUG STAINS – (3:1) Spray. Let sit for 30 seconds before wiping with a wet cloth.

BURNED-ON PLASTIC (& GLUE) – (3:1) Spray, let sit a few minutes, scrub with a stiff brush or scrub pad. Rinse.

CABINETS – (7:1) Wipe with cloth dampened with a 7:1 solution. Follow with a dry cloth.

CAMPING GEAR – (3:1) Spray, scrub and wipe. Botanic GOLD is a great mildew deterrent, and phenomenal for cleaning off soot from a campfire! And don't forget, Botanic GOLD makes a great waterless hand and body wash. Botanic GOLD does not contaminate the eco-system, so take it with you to wilderness areas.

CANDLE WAX REMOVAL – (1:1) Candle wax leaves an oily residue. Chill, crack and peel off excess wax. Use 3:1 on delicate fabrics, 7:1 on very delicate fabrics.

CARPETS – (31:1) Botanic GOLD is great for carpets and rugs. Spray solution directly on stain. Use terry cloth or brush to work into spot. Let sit for 60 seconds, then wipe. Remove with plenty of water and pat dry with a towel. More than one application may be needed for harder stains. When using a machine to clean carpets, use 2 - 4 ounces of Botanic GOLD Concentrate per gallon of water. Use the soap solution only ONCE on the carpet, then simply rinse, rinse, rinse with water. Spray spots in advance with a stronger solution. (Light carpets work best with a lighter dilution – 7:1 or 15:1; darker carpets work best with 3:1 or 7:1. Test a small area first.)

“Botanic GOLD is a very, very good rug shampoo. I use it in my rug shampoo machine. I make sure not to use too much. I put in about an ounce and use hot water. I spray the spots first and then agitate them with a brush. Then I go over the carpet with the machine with soap in it, being sure to rinse well.”

Irene Hartfield, Eden Prairie, MN

CAT LITTER BOXES – (3:1) Dispose of litter in box. To clean and control odor, spray liberally with Botanic GOLD 3:1 solution. Then fill box with water from garden hose and wait five minutes. Rinse with hose.

CAULKING, DRIED – (3:1) Spray on, wait for 60 seconds, then wipe with a damp terry cloth.

CEILING FANS – (3:1) Wipe excess dust off first. Spray cloth with solution. Wipe and dry.

CEMENT – (3:1) Wet area to be cleaned. Spray with Botanic GOLD. Use a stiff brush to brush bricks. Rinse. Depending on the amount of grime, etc. on bricks, a heavier concentration may be needed.

CHROME – (63:1 or 127:1) Spray on and wipe with damp sponge or cloth. Dry with a soft cloth.

CLOSETS – (3:1) Spray shelves, walls, floors and wipe. Leaving a residue of Botanic GOLD solution in corners and crevices helps deter bugs.

CLOTHES – (3:1) The key for extending the longevity of your clothing is to avoid strong detergents, hot water and the rougher agitation of regular to heavy-duty wash cycles. Botanic GOLD is unique because its micelle cleaning power is just as strong in cold water. And, by using pre-soaking techniques, you can just as effectively wash your clothes in the gentle cycle. See details under **LAUNDRY**. You also gain the peace of mind that your children and other family members will not be absorbing the chemical residues that never completely rinse out of clothes washed in detergents.

COFFEE MACHINES – (3:1) In empty coffee pot, add 2 oz. Botanic GOLD, then fill remainder of pot with water. Pour into coffee machine and turn on as though brewing coffee. When done, run a pot of plain fresh water through the machine.

COMBS – (3:1) Remove the hair from comb. Spray and rinse.

COPIER TONER – (3:1) Spray surface with solution and wipe with cloth. If toner stain is on an area of the printer or copy machine that should not get wet, spray solution onto cloth first and then wipe area to be cleaned. Dry with a dry cloth.

COUNTER TOPS – (3:1) To remove dirt and grime, spray surface, wait a minute, then wipe off with a wet cloth or sponge. Dry off if desired. To remove stains, scrub with a scrub pad or stiff brush before wiping off.

CRAYON – (3:1) Spray, wait 30 seconds. Rub with a damp terry cloth. For painted walls or wallboard, first test in an inconspicuous place for paint durability. Spray damp cloth and rub.

CURTAINS – (3:1) First test on a hem to make sure your curtains will not water stain. (If they show a water stain, do not wash!) Mist Botanic GOLD solution on a moist cloth. Gently rub spots. Launder according to directions. Botanic GOLD does wonders in the gentle cycle and in cold water after presoaking!

DECKS, WOOD – (3:1) Wet deck. Spray and let solution sit for several minutes. Scrub deck with stiff brush. Repeat if necessary.

DELICATES – (3:1) You will love being able to hand wash or machine wash your delicates with Botanic GOLD, which works exceptionally well in cold water. Add 2 – 4 ounces of 3:1 solution to bucket or washing machine. Allow to soak for 15 – 30 minutes. Soaking does the cleaning! Rinse without undue agitation by using fresh water or by running the gentle cycle.

DIAPER PAILS – (3:1) Keep your diaper pail fresh by spraying with Botanic GOLD every time you empty it. Let solution sit while preparing diapers for wash. Return and wipe.

DIAPERS – (3:1) Rinse diaper. Leave diapers soaking in bucket with 2-4 ounces of 3:1 solution added to water. When ready to launder, rinse off and toss into washing machine. Food grade hydrogen peroxide may be added to wash cycle along with Botanic GOLD for brightness. Bleach is not recommended!

“On our first visit to Louisiana to see the grandparents, my Mom introduced us to Botanic GOLD when Evan soiled his diaper and ruined his brand new outfit. Mom said, “No problem, I have just the solution!” She sprayed Botanic GOLD on the whole area and by the time we cleaned him up his outfit was clean as new! I was amazed and said, “I need some of this stuff!” She told me about everything else I could use it for to insure that my baby was germ-free, including washing his hair.” Nancy Wright, Dallas, TX

DINING ROOM FURNITURE – (31:1) Lightly wipe furniture with cloth dampened with a 31:1 solution. Follow with dry cloth. For glass surfaces, use a 63:1 or 127:1.

DIRT – (15:1) Grit from garden and playing sports comes clean with a 15:1 solution. For ground-in dirt, allow to soak.

DISHES – (3:1) For washing dishes and pots and pans by hand, add Botanic GOLD to a sink or dishpan full of water. Vary strength according to greasiness of items. You will see the grease come off your dishes and gather on the edge of the dishpan! For additional suds, spray solution directly on sponge and agitate, or use BoGo Blaster foaming pump. Pots and pans clean up easier if you spray them after use then leave them to sit during your meal. For burned-on food, pour or spray Botanic GOLD directly on the bottom of the pan. Let sit for 10 minutes, then scrub off.

“I carry a large insulated hot beverage cup around with me everywhere to drink green tea. When packing for a trip, I found that the inside of it had become stained. It is normally silver, but it was BLACK, coated with tea residue. I had previously soaked it in a 7:1 solution, but this time I filled the cup up with stronger 3:1 solution and let it soak overnight. In the morning when I poured it out, the Botanic GOLD was BROWN and smelled like tea, but the cup was bright, clean and silver again!” Irene Hartfield, Eden Prairie, MN

DISHWASHERS – (3:1) Did you know that dishwasher detergents are the # 1 cause of childhood poisonings? Why eat on dishes that have caustic chemical residues? Use ultra-safe Botanic GOLD right in your dishwasher! Pre-spray heavily soiled or greasy dishes with a 3:1 solution as you load them. Then use 1-2 ounces of solution in the reservoir on the dishwasher door. The amount of Botanic GOLD solution depends on the “hardness” (amount of minerals) in your water.

DISPOSALS – (3:1) Spray directly into disposal.

DOORS AND DOOR FRAMES – (3:1) To clean fingerprints, dirt and grime from doors and frames, spray onto a clean, damp terry cloth, or spray directly onto the surface. Rub briskly and wipe with a damp cloth.

DRAINS – (3:1) Pour 8 to 12 ounces of the Botanic GOLD solution into the drain. Let sit 2 to 5 minutes. Plunge with a suction plunger. Rinse. Repeat as needed. Works well on grease clogs but is not intended to remove hair clogs.

DRAPES – (3:1) See **CURTAINS**.

DRAWERS – (15:1) Get out the grit and keep out the bugs by spraying and wiping the corners and linings of drawers all over the house.

DRIVEWAYS – (3:1) To remove oil stains from driveways or garage floors, spray with water first, then spray with Botanic GOLD solution. Let sit several minutes. Rub briskly with a stiff brush. Rinse.

DRY ERASE BOARDS – (3:1) Botanic GOLD doesn't just move the dry erase ink around – it gets the board white again! Keep a 2 oz. spray bottle and a roll of paper towels handy. (*Do not use with a regular dry eraser.*) Spray directly on the white board, and wipe with fresh paper towel. Apply pressure to older, faded dry erase ink marks, or allow to soak for a few minutes, then repeat process.

Botanic GOLD will fast become a popular replacement for toxic sprays, like in Dave Brown's office in Chicago:

“The white boards that we use grease pens on in the office were cleaned with various very smelly cleaning products. I introduced Botanic GOLD as the standard board cleaner. Now the boards are sparkling white and the air is much nicer. It seems that the smell of the grease pens themselves stands out more now!”

DUST – (31:1) Spray the solution on a clean cloth or paper towel. Use the slightly damp cloth to clean shelves, furniture, ceramics, etc. Follow with a dry cloth.

EXHAUST FANS – (3:1) Remove protective grille, spray, let sit a minute, wipe.

FABRIC – (31:1) See directions in this booklet for specific types of fabrics or types of stains.

FANS – (3:1) See **EXHAUST FANS**.

FAUCETS – (3:1) Spray. Let sit 30 seconds. Agitate crevices with small brush to remove gunk. Wipe with damp cloth or sponge. Buff with a dry cloth or paper towel for a sparkle.

FENCES – (3:1) Wet with water, then spray and rub briskly with a stiff brush. See also **STEEL**, **WOOD**, and **PLASTIC**.

FIBERGLASS – (3:1) Spray, wipe and rinse.

FILTERS, AIR – (3:1) Spray filter, let sit 1-15 minutes, rinse thoroughly.

FISH ODOR – (1:1) Spray area, wait two minutes, wipe and rinse thoroughly.

FLOOR WAX REMOVAL – (3:1) Spray floor liberally with solution, let sit for a few minutes, scrub with a stiff brush, rinse and mop dry.

FLOORS – (15:1) Sweep or use dust mop to remove loose dirt and grit. For entire floor, use a mixture of 4-8 ounces of concentrate per gallon of water in bucket. For spot treatment spray 3:1 Botanic GOLD onto a damp sponge or mop, and mop as usual. For hard spots, spray directly on the spot and rub. For tile floors, use a soft brush to agitate the grout. For vinyl flooring, use a terry cloth to agitate the hard-to-clean spots. Dry with a soft cloth.

***NOTE:** Leaving a slight residue on the floor will repel insects.*

FLOWERS – (31:1) Try Botanic GOLD with cut flowers!

“You can keep cut flowers for two weeks when you add Botanic GOLD to the water. I just add 2 sprays of 3:1 solution to the vase of water. The water doesn’t even get smelly or gunky, and all I have to do is add fresh water as it evaporates.”

Irene Hartfield, Eden Prairie, MN

FOOD PREP AREAS – (3:1) Spray liberally and wipe clean.

FOOD STAINS – (3:1) Spray towel or rag with solution. Wet stain slightly with water first. Rub stain gently with solution-dampened towel. Agitate with fingers or brush if needed. Rinse and blot to lift stain. As with all stains and spots, keep a clean cloth behind the spot as you work to lift stain from the front. The sooner you apply Botanic GOLD the better. Keep small spray bottles in your car and purse to always be ready!

FORMICA™ – (3:1) Spray, wait 30 seconds, then wipe.

FRUIT – (15:1) Spray, massage and rinse. For small fruits (grapes, berries, cherries, etc.), place in bowl, cover with water, and spray a 3:1 solution several times into bowl. Wait a few minutes, then swish, drain and rinse with fresh water.

FRUIT (THIN-SKINNED) – (31:1) Use a lighter solution for tomatoes, peaches and other thinner-skinned fruits. For produce that has been heavily treated with pesticides wait 5-10 minutes before rinsing.

FURNITURE (FABRIC) – (15:1) Test first on inconspicuous area for color fastness. Spray lightly on fabric, wipe with cloth or scrub with soft brush for stubborn stains.

FURNITURE (WOOD) – (31:1) Spray onto a damp cloth or directly on surface. Wipe with a cloth until dry.

FURNITURE REFINISHING – (1:1) To remove varnish or paint, apply 1:1 or straight Botanic GOLD Concentrate with a cloth or brush. Let sit 30 minutes or longer. Wipe with a wet terry cloth. You may need to use a fine grade steel wool to get into crevices. As with any paint or varnish remover, multiple applications may be necessary. This non-fuming, non-chemical solvent method makes it possible for even the most chemically sensitive individual to get creative with furniture and antiques.

GARBAGE CANS – (3:1) Spray, let sit at least one minute, and wipe clean. For tough spots, spray and scrub. After cleaning, spray your trash bags, barrels, buckets and boxes to keep insects at bay and help control odors.

GARDEN EQUIPMENT – (3:1) Spray and wipe.

GLUE (& BURNED ON PLASTIC) – (3:1) Spray, wait a few minutes, then scrub with a stiff brush or scrub pad. Rinse.

GLASS – (63:1 or 127:1) Spray *very dilute* solution of Botanic GOLD directly on glass surfaces (higher concentrations tend to streak). Wipe clean with rag or paper towel. Dry with a dry rag or paper towel.

GRASS GROWTH – (63:1 or 127:1) Use Botanic GOLD in your garden sprayer. Use 1 – 2 ounces of concentrate for each gallon of water.

GRASS STAINS – (3:1) Dampen fabric and spray with Botanic GOLD, rub into stain. Wash according to **LAUNDRY** instructions.

GRILLS – (3:1) Spray and let sit a minute or two. Scrub briskly using a wire or stiff-bristle brush dipped in water. You'll love the oil and soot emulsifying properties of Botanic GOLD!

GROUT – (3:1) Spray solution into grout lines. Allow to soak for two minutes or more. You may or *may not* need to scrub! Rinse thoroughly. For lighter colored grout, use a lighter solution.

GUM – (3:1) Spray, gently massage into gum until it begins to break apart. Rinse.

GYMWEAR – (3:1)

“I keep Botanic GOLD in the car, and one in my gym bag. I use it a lot in the gym - I spray it into my socks & shoes.”

Lamar Bush, Ventura, CA

HAIRBRUSHES – (3:1) Remove the hair from the hairbrush. Spray and rinse. If desired, leave soaking in solution, then rinse clean.

HARD WATER STAINS – (3:1) Spray and let sit for a few minutes, scrub with a stiff brush.

HEARTH STONES – (3:1) Clean the soot by spraying and wiping.

HEEL MARKS AND SCUFFS – (3:1) Spray on scuffed surface, let solution sit for a minute or two, and wipe clean with a cloth. May require scrubbing with a stiff brush.

HOT TUBS – (3:1) Spray on empty hot tub, wipe with a cloth, scrub with brush if necessary. As an additive, use 3:1 Botanic GOLD solution (1-pint per 1,000 gallons of water) to prevent buildup.

“I also used Botanic Gold in the spa, which smelled kind of like mildew. I cleaned the cover and it removed all the black mildew. I put the soap right in the tub and ran the filter, and it removed all the oils and the mildew scent. It also cleaned the black stains and surface rot on the wood outside of the tub. It made everything look like new.”

Nancy Burley, Canoga Park, CA

HUMIDIFIER ADDITIVE – (3:1)

“I don’t like to use the antibacterial recommended for my wick humidifier so, each time I fill it, I spray a couple of squirts of Botanic GOLD in it instead. It keeps the wick from developing bacteria. I also clean the inside of the humidifier with Botanic GOLD, which takes off all the accumulated scum and dirt. That way, I know I am breathing toxin-free air.”

Irene Hartfield, Eden Prairie, MN

INK – (3:1) Spray on stain (will not remove some "set-in" stains if previously laundered). Rub vigorously. Wash according to **LAUNDRY** directions.

JEWELRY – (7:1) Soak jewelry overnight in 7:1 Botanic GOLD; use a soft brush if necessary. Rinse and dry. Or, spray with Botanic GOLD, brush with a soft brush, rinse and dry.

Note: Not recommended for opals and pearls.

Lucrecia Luknic of Fort Lauderdale, FL says:

“I was very excited after trying Botanic GOLD on my sterling silver earrings because I didn’t even have to scrub my jewelry! In fact, I took a soap solution that had already been used to soak something else and REUSED it to clean the earrings. I didn’t have to scrub them at all. It is the best jewelry cleaner I’ve ever used.”

KITCHEN APPLIANCES – (3:1) Spray, let sit for 30 seconds, then wipe clean.

KITCHEN CABINETS – (7:1) Spray surface and wipe off with a wet cloth or sponge. To remove stains, scrub with a scrub pad or stiff brush before wiping off.

KITCHEN FLOORS – (15:1) See **FLOORS**

LAUNDRY – (3:1) Use Botanic GOLD to replace toxic commercial laundry detergents. Follow manufacturer’s washing instructions for fabric type and clothing. For the best laundry results, always use 3:1 solution (pre-mixed with water—NOT raw concentrate) since it more rapidly disperses in the wash cycle and the molecules have already been activated by water. Pre-treat spots and stains with 3:1 sprayed directly on spot. Agitate by rubbing fabric together or use a brush. Soaking also helps lift dirt and stains.

SMALL LOADS or LIGHTLY SOILED:

Use 2 to 3 ounces of 3:1 solution

MEDIUM LOADS or MEDIUM SOILED:

Use 3 to 4 ounces of 3:1 solution

LARGE LOADS or HEAVILY SOILED:

Use 4 to 6 ounces of 3:1 solution

If laundry is especially greasy or soiled, allow to soak at least 30 minutes or overnight if necessary. Use the pre-soak feature on your washing machine or fill as usual and allow to agitate for 2 minutes. Stop the wash cycle by opening the lid or pulling up on the dial for the desired amount of soaking time, then resume washing as usual. Botanic GOLD cleans just as powerfully in cold water as in hot water. Since hot water breaks down fabric and dyes, you can launder with Botanic GOLD in cold water to promote fabric longevity. As a result, your clothes will look better and last longer.

***NOTE:** Local water quality varies by municipality and regions. “Hard” water (high in minerals) will require more Botanic GOLD solution than “soft” water. Minerals in hard water also cause dull, dingy/discolored whites. For brighter whites, consider investing in a water softener instead of using poisonous bleach.*

Botanic GOLD activates previously bleached clothing. **Do not** use chlorine bleach with Botanic GOLD. Food grade hydrogen peroxide works well with Botanic GOLD for a whitening effect.

“I was using detergent to wash my family’s clothes. Our skin was becoming very sensitive to the soap left in the fibers of the laundered items. The articles of clothing began wearing out prematurely, as well as developing ‘pills’. I mixed Botanic GOLD with the recommended ratio of 1 part concentrate to 3 parts water. I now use this solution to wash my clothes as well as clean my whole house. Our clothes are staying new looking. Our skin is no longer itchy. Our home sparkles with beautifully cleaned floors, sinks, stove, toilets, walls, etc. I’ll never stop using this most outstanding product.” Jeanette Divine, Lake Barrington, IL

Did you know that the chemicals and fragrances in most laundry detergents are actually poisonous? Did you know that these chemicals remain in fabrics to be absorbed by your skin all day? For ultra-safe laundering, enjoy the true cleaning power of Botanic GOLD’s micelle molecular technology. Get both dirt and chemicals out of your clothing and away from your skin! Toxic residues left on clothing by commercial laundry detergents enter your body through the skin. In turn, they leave toxic residues in your tissues and fat cells, complex molecules that your body must work hard to break down and detoxify.

“I love the way my clothes come out when I wash them with Botanic GOLD – they just feel really, really clean.”

Nancy Burley, Canoga Park, CA

LAWN FURNITURE – (3:1) Spray and wipe off with a paper towel. Be sure to clean it regularly or the stains may not come off.

LEATHER – (15:1) Test on inconspicuous area first for color fastness. Spray on damp cloth and wipe leather. For stubborn stains, brushing with a small soft brush may be necessary.

LIPSTICK – (3:1) Spray on Botanic Gold to remove lipstick from carpet and clothes. Wipe with a damp towel. Work into the stain and remove with a damp cloth. If the lipstick stain is on clothing, launder as usual.

LITTER BOXES (CAT) – (3:1) Empty litter box, spray and wipe. Also, spray directly on litter to control odor.

LIVING ROOM FURNITURE – (63:1 or 127:1) Vinyl, acrylic coated, chrome, steel, or plastic: Spray and wipe.

MARKERS – (3:1) Spray on stain (will not remove some "set-in" stains if previously laundered). Rub vigorously. Wash according to **LAUNDRY** directions.

MEDICINE CABINETS – (3:1) Unload cabinet completely, spray and wipe with damp cloth.

METAL – (3:1) Spray and wipe with a cloth, scrub with a stiff brush if necessary.

MINI-BLINDS – (3:1) See **BLINDS**

MIRRORS – (63:1 or 127:1) Use up to a 127:1 solution (one ounce of Botanic GOLD concentrate to one gallon of purified water). For mirrors, distilled water is best as it has no minerals to leave spots. Spray onto a soft, clean cloth or spray directly on mirror. Rub and wipe. Buff dry with a second soft cloth.

MUSICAL INSTRUMENTS – (63:1 or 127:1) Spray onto lightly dampened cloth and wipe gently.

ODORS – (3:1) Spray surface emitting odor, let solution sit for a minute or two, and wipe clean.

OFFICE EQUIPMENT – (31:1) Wipe gently with a slightly damp towel (moistened with solution). Dry immediately. Excellent for helping get tape residue off file cabinets and desktops.

OLD or ANTIQUE PAINT – (63:1 or 127:1) Spray lightly and wipe clean.

OLD or ANTIQUE PAINT REMOVAL – (1:1) To remove varnish or paint, use 1:1 or straight concentrate. Apply with a cloth or brush. Let sit for 30 minutes or longer. Wipe with a wet terry cloth. You may need to use a fine grade steel wool to get into crevices. As with any paint or varnish remover, multiple applications may be necessary. Ideal for remodeling homes for elderly, infirm or anyone that cannot tolerate strong chemicals.

OUTDOOR FLOORS – (3:1) Spray and mop.

OVENS – (3:1) Spray the inside of slightly warm oven (not over 100 degrees) with water, then spray with Botanic GOLD. Let sit a few minutes. Apply a second time if needed. Scrub the racks with a stiff brush. After the racks are clean, wipe the inside of the oven with a wet cloth. Dry with paper towel or dry rag. Does not require opening windows or rubber gloves!

PAINT AND WOOD STAIN – (3:1) Artists and home improvement buffs alike love the gentle oil-emulsifying power of Botanic GOLD.

“The first time we used your wonderful product the results were quite dramatic. My husband was staining the house and fell from the ladder. The can of brown stain went all over the white sliding glass doorframes and all over my husband! Once I realized he was fine, I got the Botanic GOLD to try to help him get that stain off his head, arm, and legs. He was using turpentine to slowly scrub the stain off. I was amazed when I sprayed the Botanic GOLD solution on him and waited the prescribed 30 seconds. The stain just wiped off with a washcloth. It was so easy, safe and non-toxic. I was instantly sold on your product. I was able to easily clean up the stain that went on the sliders and the light trim. I was even surprised that the washcloths cleaned up beautifully. Thank you for your product.”

Ginny Humphrey, Simsbury, CT

PAINT BRUSHES – (7:1) With both oil-based and water-based paints, you will love the way Botanic GOLD makes cleanup easy. Soak brush in 7:1 solution; rinse with warm water.

PANTRIES – (15:1) Spray directly on cupboard, wipe. Rinse if desired. Botanic GOLD is known to repel insects. If this is desired, do not rinse, leave residue on surface.

PATIO FURNITURE – (3:1) Spray, wipe and dry.

PERMANENT MARKER STAINS – (1:1) Spray on stain (will not remove some "set-in" stains if previously laundered). Rub vigorously. Wash according to **LAUNDRY** directions.

PET ODORS – (3:1) Spray surface emitting odor, let solution sit for a minute or two, and wipe clean.

PET STAINS – (3:1) Spray on stained surface, let solution sit for a minute or two, and wipe clean. May need to scrub with a stiff brush.

PLANTS (HOUSE & GARDEN) – (31:1) Spray directly on houseplants with misting spray bottle containing a 31:1 solution; wipe leaves gently with soft cloth. For outdoor plants and flowers, including roses, put 8 oz. of concentrate in a 2-gallon garden sprayer. Can be used monthly to promote plant health.

Kaylin D’Aire uses this solution for pests in her garden:

“When flowers have aphids or mold, I use a 15:1 solution. I always try 15:1 first, and if that doesn’t work, I go stronger. On something with really tough, dirty bugs, I’ll even use 3:1, EXCEPT on new growth like sprouts on young tomato plants - they are liable to get burned if it is too strong so I stay around 15:1 for new growth.”

PLASTIC – (3:1) Spray, wipe and dry.

POOL ADDITIVE – (63:1 or 127:1) Use 3:1 Botanic GOLD solution (1-gallon per 10,000 gallons of water) to prevent buildup.

POOL FILTERS – (3:1) Instead of throwing out your dirty pool filters, soak them in a 3:1 Botanic GOLD solution, and rinse thoroughly.

POOL TILES – (3:1) Spray, wipe and rinse. Scrub with a stiff brush, if necessary.

“I used to use every chemical under the sun on the pool tiles, and nothing could get them clean. Then I used Botanic GOLD on them and the tiles came clean. I didn’t have to scrub or anything. They just came clean!”

Nancy Burley, Canoga Park, CA

POOLS – (3:1) For cleaning empty pools, see **POOL TILES**.

POT and PANS – (3:1) Burned-on food comes off much easier after soaking in a 3:1 solution.

PRESSURE WASHING – (63:1 or 127:1) Add 1-3 ounces Botanic GOLD concentrate per gallon water.

PURSES – (15:1) Spray on a cloth and wipe purse clean. Dry with a dry cloth.

RANGE HOODS – (3:1) Spray hood, wipe with damp cloth. Spray screen and wipe. If heavy grime, scrub with a brush.

REFRIGERATORS – (3:1) Spray, let sit for 30 seconds, then wipe.

RESTROOMS – (3:1) Spray, let sit 30 seconds. Wipe with a damp cloth or sponge. Scrub with a brush if heavily soiled. Rinse. Wipe with a dry cloth.

RUST STAINS – (3:1) Spray on stained surface, let solution sit for a minute or two, and wipe clean. Stubborn stain may require scrubbing with a stiff brush.

SCREENS – (3:1) Rinse with water. Spray solution directly on screens with misting pump and scrub with soft brush. Or, mix 2- 3 ounces of concentrate per 1 gallon of water. Dip a soft brush into solution, brush on screen and scrub. Rinse thoroughly.

SCUFF MARKS – (3:1) Spray on scuffed surface, let solution sit for a minute or two, and wipe clean. May need to scrub with a stiff brush.

SHOES – (63:1 or 127:1) Modern shoes are made out of many different materials. See the references to **PLASTIC, LEATHER, VINYL, FABRIC, SCUFF MARKS**, etc. Spray and wipe to remove heavy soil.

SHOWERS – (63:1 or 127:1) Spray all surfaces. Let sit 30 seconds. Scrub with a brush or terry cloth rag. Rinse.

SHOWER CURTAIN – (3:1) Spray. Leave on overnight. At your next shower, rinse off.

SHOWER DOOR – (3:1) Spray. Agitate with a wet brush. Rinse. Repeat, if necessary. Buff dry.

SHOWER TILE – (3:1) Spray. Let sit 30 seconds. Scrub with a brush or a terry cloth rag. (Do not expect a "bleaching" effect on OLD mildew stains. However, by removing soap scum, you destroy the breeding ground for new mold).

SINKS – (3:1) Spray. Let sit 30 seconds. Wipe with a damp cloth or sponge. Agitate with a brush if heavily soiled. Rinse. Wipe with a dry cloth.

SMOKE DAMAGE - (3:1) (MAY NEED 1:1) Spray surface, wipe with cloth or agitate with stiff brush. Rinse. Repeat if necessary.

SOAP SCUM – (3:1) There's nothing like Botanic GOLD for disintegrating soap scum. Spray. Let sit 60 seconds. Wipe and rinse clean!

SOOT – (3:1) Spray surfaces, wipe with a damp cloth. Use a stiff brush if heavily soiled.

SPAS & HOT TUBS – (3:1) See **HOT TUBS**.

SPOTS & STAINS – (3:1) See instructions for specific stains (**RUST, BLOOD, INK**, etc.) and surfaces (**FABRIC, WOOD, TILE**, etc.). Follow stain protocol: Use one paper towel behind stain. Wet stain lightly with water (choose the water source with the least amount of minerals.) Spray solution on second paper towel. Dab carefully directly on the stain. Follow with more water and a clean paper towel. Do not rub – press to remove excess water and lift stain from material.

“I always, always, always carry a spray bottle of Botanic GOLD with me everywhere I go. And it has saved countless blouses. But you can't just spray it on a spot. You have to agitate the spot. But the best way is to spray the Botanic GOLD on some kind of cloth or a napkin, or something that has been wet or dampened with water, and then wipe the spot and rub it to agitate the stain.”

Irene Hartfield, Eden Prairie, MN

STAINLESS STEEL – (63:1 or 127:1) Spray and wipe.

STEEL – (3:1) Spray and wipe.

STOVETOPS – (3:1) Spray, let sit a few seconds. Wipe with a damp cloth. Burned-on food may require soaking and a scrub pad to loosen it. Soak implements overnight and enjoy much easier clean up. Re-spray as needed to maintain.

“I have been using Botanic GOLD to clean our new smooth glass stovetop. The new appliance came with a special cleaner to remove the brown cooked-on film that comes from water and other spills, but it has a very strong smell that makes me feel nauseated. Normally I spray Botanic GOLD (3:1) all over the stovetop, rub a little to get some suds, then I leave it soaking for a while. This works very well, but when we were doing a major cooking project for the holidays, I didn't have time to let it soak. I needed to cook another dish, and the stovetop was still warm. When I sprayed the Botanic GOLD on the warm stovetop for a temporary clean up, I was amazed at how it came almost 100% clean right away - the HEAT made a difference! I had never tried it with a warm stovetop before, and it worked really well without the soaking time. I love this soap!”

Omar Yarce, Cooper City, FL

STUCCO – (3:1) Spray, scrub with a stiff brush, and rinse clean. For mildew, leave on longer before wiping and rinsing.

STUFFED ANIMALS – (3:1) Every doll hospital should have Botanic GOLD on hand! Use BoGo Blaster™ to lather-up a light foam on your favorite stuffed animal. Use the water sprayer on the sink to rinse fur with an outward angle so as not to soak the interior stuffing. Keep a clean fluffy towel nearby to dry off and fluff up the fur. Take care with some types of dye. Use a light solution (at least 3:1) and/or test a small area prior to use.

TAR – (1:1) We challenge you to find a better tar remover – toxic or not! Spray, scrub with damp cloth or stiff brush.

TILE – (3:1) Spray, scrub with a damp cloth and rinse clean. Botanic GOLD helps rid your bathroom of soap scum, effectively destroying the breeding ground for mold and mildew!

TOBACCO STAINS – (3:1) Spray, let sit for 30 seconds, agitate with small brush, rinse.

TOILETS – (3:1) Spray seat, bowl and sides, including the floor around the toilet. Scrub inside with a brush. Wipe seat, sides and floor with a damp cloth. If your water has a lot of impurities in it, try adding 2 ounces of Botanic GOLD concentrate to the tank.

TOOL BOXES – (3:1) Empty toolbox. Spray solution liberally into corners and crevices and let sit while you wipe and organize tools. Dry inside toolbox. Spray and wipe dry again if necessary.

TOYS – (3:1) Wipe with damp cloth sprayed with solution. Dry with soft cloth. For toys that you can immerse in water, soak in a gallon bucket with 4-6 ounces of 3:1 solution. Use a soft brush if necessary. Rinse clean.

TREE SAP – (1:1) Spray, let sit a minute or more, agitate with brush, wipe clean.

TUB & TILE – (3:1) Spray all surfaces. Let sit 30 seconds. Scrub with a brush or terry cloth rag. Rinse clean.

UPHOLSTERY – (15:1) Lightly mist upholstery. Scrub with a dampened brush or terry cloth. Wipe with a damp cloth.

URINE ODORS/STAINS – (3:1) Keep your world fresh without chemical cover-ups! Spray solution directly on carpet, rug or affected area. For lighter colored carpets, use a lighter solution. Allow to sit for 10 – 15 minutes. Rinse thoroughly and pat dry. For clothing, pre-soak in wash cycle and clean as usual.

VARNISH – (63:1 or 127:1) To clean varnished surfaces, spray on and wipe clean.

VARNISH REMOVAL – (1:1) To remove varnish or paint, apply 1:1 or straight raw Concentrate with cloth or brush. Let sit 30 minutes or longer. Wipe with a wet terry cloth. As with any paint or varnish remover, multiple applications may be necessary. The micelle technology of Botanic GOLD is truly miraculous as a replacement for highly toxic varnish removers!

VEGETABLES – (7:1) Spray, then wipe and rinse. You will be amazed at what is removed!

“I wash all my fruits and vegetables with a 7:1 solution (15:1 for tomatoes, grapes and other thinner skin fruits)”

Kaylin D’Aire.

“Produce seems to keep longer when I wash it first with Botanic GOLD. Instead of just throwing my vegetables into the fridge the minute I bring them home, I spray them with 3:1 solution and soak them in a pan of water for about 15 minutes. Then I rinse them off and store them with their stems in water with one squirt of 3:1 and cover them with a plastic bag. They stay fresh for 2 weeks this way.”

Irene Hartfield, Eden Prairie, MN

VENTS – (3:1) Remove vent cover, spray, let sit, then wipe. Rinse with water. If cover is non-removable, spray solution on a damp cloth and wipe vent, then dry with a clean cloth.

VINYL – (7:1) Spray directly on vinyl, wipe with a damp cloth. Spray on a damp mop or sponge to clean vinyl floors. If heavily soiled, use a nylon brush.

WALLPAPER – (63:1 or 127:1) Use a very light solution (63:1). Test first in an inconspicuous area. Spray damp rag or sponge with Botanic GOLD and wipe. Dry off immediately.

WALLPAPER STRIPPING - (3:1) Using a garden sprayer filled with 3:1 solution, spray walls and let sit for several minutes so solution can soak through wallpaper and dissolve glue. (By the time you finish spraying all the walls, you can start scraping where you started spraying). Wallpaper will peel off in large sheets. Use a paint scraper if necessary.

WALLS – (15:1) Spray in inconspicuous area first to test for color-fastness. Spray and wipe with a damp cloth, then dry with a dry cloth.

WATER DAMAGE - (3:1) Spray and let sit for a few minutes, scrub with a stiff brush.

WAX – (63:1 or 127:1) To clean candles or wax sculptures, mist on and wipe clean.

WAX REMOVAL – (1:1) See **CANDLE WAX REMOVAL**.

WHITE BOARDS – (3:1) Keep them sparkling white by spraying with handy 2 oz. misters, and wiping clean with paper towels. See also **DRY ERASE BOARDS**.

WINDOWS – (63:1 or 127:1) Spray onto a soft, clean cloth or spray directly on window. Rub on window and wipe. Buff dry with a second soft cloth. Solutions stronger than 63:1 may cause streaking.

WOOD – (31:1) Botanic GOLD works well in pressure washers for outdoor wood such as decks. If badly soiled or blackened, dip a stiff brush into solution and scrub. Botanic GOLD is great for removing mildew on hot tub wood surfaces. Use with added care on unsealed wood, since Botanic GOLD is water based. Dry completely with a clean cloth after wiping with solution.

WOOD FLOORS – (63:1 or 127:1) Spray on floor and use damp mop to wipe.

WORKSHOP TOOLS – (3:1) Spray and wipe. Botanic GOLD works exceptionally well for removing unwanted grease and grit!

YARD EQUIPMENT – (3:1) Spray and wipe.

Personal:

BABY BATH – (3:1) Make a silky, foaming bubbly baby bath with a 15:1 solution in your aerating BoGo Blaster™ pump dispenser. It makes an easy, no-drip foam that you can lather on baby before placing in tub to rinse. You can also squirt or spray a 15:1 solution onto a soft sponge or puffy ball and agitate with hands into a gentle lather.

BABY WIPES – (7:1) Make your own completely NON-TOXIC baby wipes! Spray or squirt a 7:1 solution onto a soft, moist towel, washcloth or paper towel for use on baby's bottom. Try also with our BoGo Blaster™ foaming pump dispenser. One or two pumps on toilet paper make for an ultra-safe, ultra clean bottom.

BODY WASH – (7:1) Spray onto washcloth or puffy net bath sponge. Agitate to work into lather. Wash, rinse. Avoid getting spray into eyes. Ultra-safe for all washing purposes, especially for babies. “No Drip” BoGo Blaster creates a smooth, velvety lather for kids of all ages. Oily skin can use a stronger solution, dryer skin a lighter solution.

Test various dilutions to find your preference. Botanic GOLD is the soap of preference for hypoallergenic, chemically sensitive, and health-conscious individuals.

"I have used Botanic GOLD exclusively to wash my face for over four years. When I first started, I already had a few wrinkles beginning to appear. I think Botanic GOLD has helped reduce the fine lines and has kept my face beautiful, blemish-free and young looking. People tell me that I look 10 years younger than my age, and at age 36, that is a great thing to hear!"
Wanda Baligad, Hollywood, FL

"We [took in] two [foster] children with cystic fibrosis and because of the state of their lungs they cannot inhale toxins. It has been a lifesaver to them that I use Botanic GOLD to clean their bathroom and toilets, their bedrooms, carpet stains, deodorize the air, their mattress pads and clothes and everything they come in contact with. Because of the toxins in many shampoos nowadays I feel great that I can help by using chemical-free Botanic GOLD to wash their hair. I spray them down with Botanic GOLD before they get in the bathtub, especially their hands and fingernails and feet."

Judy Hoffman, Lafayette, LA

DENTURES – (7:1) Soak in a container filled with 7:1 solution. Brush with a toothbrush. Dentures soaked in Botanic GOLD do not build up tartar!

Note: Do not use on brand new dentures! Allow at least one month for denture material to "set".

HAIR – (7:1) Great for oily to normal hair. Ideal for keeping children safe from the chemicals in most kid's shampoos. Spray into hair, work into lather, rinse. For more lather, use the "no drip" BoGo Blaster foam. Kids love it!

HANDS – (7:1) Spray hands, rub and rinse. You will love how it rinses clean quickly even in cold water and leaves no residual chemical odor. Kids love washing their hands with the BoGo Blaster!

MAKEUP REMOVAL – (7:1) Spray washcloth with 7:1 solution and wipe area to be cleaned. For mascara, use a gentle 15:1 solution in the BoGo Blaster™. Lather eyelashes and rinse.

TEETH – (7:1) Mist your toothbrush or use foam from BoGo Blaster™ directly into mouth. Brush as usual. Great for cleaning your tongue, too! Optional: Add a few drops of food grade essential oil of peppermint or cinnamon for a fresh taste.

Vail Carruth from Lavaca, AR found Botanic GOLD very effective:

"My teeth were very sensitive. After using [a brand of toothpaste for sensitive teeth] for a long time and getting minimal results, I decided to take you up on the claim that you could even 'brush your teeth with it'. I know it cleans the grill, but teeth??? After using it diluted (in a spray bottle with which I spray my toothbrush), all over-sensitivity in my teeth vanished."

Linda Tucker prefers stronger than 7:1.

“I also use [Botanic GOLD] to brush my teeth. I use the standard 3:1 dilution and simply spray it on my electric toothbrush before brushing. I feel that it keeps my mouth cleaner than any tooth product I’ve ever tried.”

SHAVING – (7:1) Use BoGo Blaster to create a rich, foamy shaving cream.

“Botanic GOLD is good for shaving. You don’t have to worry about razor bumps.
Jerry Taylor, Miami, FL

“I live next to the beach, so I am constantly shaving to wear my bathing suit. Since I started shaving with Botanic GOLD, I don’t get any irritation at all!”
Lucrecia Luknic, Fort Lauderdale, FL

Pet Uses:

AQUARIUMS – (3:1) Follow manufacturer’s instructions for aquarium cleaning, using 3:1 solution in place of soap or detergent. Rinse thoroughly as aquariums are glass. See also **GLASS**.

***NOTE:** Botanic GOLD helps eliminate odors from aquariums, snake habitats and other pet areas without leaving a harmful toxic residue. Pet owners love the results and the savings! Take caution with pet spiders and insects to completely rinse Botanic GOLD from surfaces.*

BIRDS – (31:1) Using a Botanic GOLD sample bottle (to create a very fine mist), spray in air **above** bird and let solution rain down, lightly coating feathers. Your feather friend will preen itself clean.

BIRD CAGES – (15:1) Sweep out bottom of cage. Dampen cloth thoroughly with Botanic GOLD and wipe all surfaces. For droppings, spray directly on spots, and agitate if needed. Follow with fresh moist cloth to rinse areas clean. For odor control, spray bottom of cage with solution after cleaning.

CATS – (7:1) You can replace your cat shampoo or flea shampoo with a 7:1 solution of Botanic GOLD. Use warm water with shower spray attachment to wet the cat. Squirt the cat with solution in a squeeze bottle, starting at top. Lather for 5 minutes. Rinse thoroughly, and gently pat dry a few times.

DOGS – (7:1) Botanic GOLD is safe for your puppies, dogs and other pets (but not insect pets!) Use a sponge soaked in 15:1 or a squeeze bottle to apply solution. Lather up your dog for at least five minutes. After massaging, rinse clean.

“I raise “Frenchies,” which are miniature French bulldogs. I clean my house and kennels exclusively with Botanic GOLD. I bathe my dogs in a 7:1 solution, and I constantly get comments about their shiny coats.
Clover Hedlund, Minneapolis, MN

FISH TANKS – (31:1) No more worries about chlorine killing your fish! Empty tank, spray and wipe with Botanic GOLD. Rinse clean.

FLEAS – (31:1) Spray directly on pet's fur, or lather up your puppy with BoGo Blaster foam and rinse. You can also try a 15:1 solution.

PETS CAGES –Botanic GOLD is phenomenal on cages, especially snake cages and other animals that produce heavy odors. *Do not use for pet insects or spiders.*

Automotive Uses:

AUTO EXTERIOR – (3:1) Work on a cool surface in shade. Remove bugs, bird droppings, tree sap and tar by spot spraying. Spray on, wait 30 seconds, and then wipe with damp cloth. Fill a bucket with water and add 4-6 ounces of 3:1 solution. Use a sponge or rag to wash vehicle, or use a hose attachment containing diluted solution to spray directly on vehicle. Use sponge to agitate. Rinse clean with hose. Botanic GOLD runoff does not harm the environment.

***NOTE:** Be sure always to use diluted solution and to rinse immediately and thoroughly with plenty of water to avoid stripping wax finish off painted surfaces of car.*

AUTO INTERIORS – (3:1) Spray solution (or foam using BoGo Blaster™) on all surfaces first to allow grime to begin breaking down while you work. Use a small brush or toothbrush to get into crevices. Wipe each surface with damp towel or cloth (spray with distilled or other purified water for greater cleaning power). Scrub where necessary. Follow with dry cloth.

AUTOMOTIVE PARTS – (7:1) Soak in a container filled with 7:1 solution. Wipe or brush clean.

CAR – (3:1) See **AUTO INTERIOR and EXTERIOR.**

ENGINES – (3:1) Allow engine to cool. Hose off with water. Spray solution over all surfaces of wet engine. Let sit for up to 30 minutes, then scrub with a stiff brush to agitate dirt, grease and oil build up. Use strong water pressure to rinse. For heavy duty engine cleaning, increase concentration of Botanic GOLD up to a 1:1 solution.

GARAGE FLOORS – (3:1) To remove oil stains from driveways or garage floors, first spray with water, then spray with Botanic GOLD solution. Let sit several minutes. Rub briskly with a stiff brush. Rinse.

GREASE – (3:1) Botanic GOLD works GREAT on grease! Spray, soak, wipe and rinse. Repeat if necessary. May require stronger solution (1:1).

MOBILE HOME / MOTOR HOME – (3:1) Spray bug stains, tar, and heavily soiled spots with a 3:1 solution. Agitate with brush to loosen. Then put 2-3 ounces of Botanic GOLD concentrate in a gallon bucket. Sponge or brush on surface. Rinse clean. See **R/V's**.

MOTOR OIL – (3:1) Works like *magic* to emulsify the oil! Botanic GOLD is safe for hands and equipment. Because it does not require hot water to cut grease, Botanic GOLD is extraordinary for wildlife clean up after an oil spill. It is safe for mammals and other aqueous (water-based) animals. However, insects and other bugs, *including germs and bacteria*, are oil-based, and may be harmed with as low as a 31:1 solution of the product.

OIL, OIL SPILLS & OIL SPOTS – (3:1) Spray and let sit, rub with brush, then wipe or mop up with a damp cloth or rag. May need 1:1 solution.

Tony Hensley removed a four-month-old cumulative oil leak stain from his driveway:
“I thought the stain would be permanent until I used Botanic GOLD. I covered the oil spot thoroughly with a 1:1 solution, scrubbed it with a stiff brush and let it sit in the bright sunlight for 30 minutes. I rinsed it with a hose, and the oil disappeared. After a second application, every sign of the spot was gone and my driveway was restored.”

OXIDATION ON CARS – (3:1) Use the solution with lots of water (as per regular car washing) to remove oxidation and heavy grime.

R/V's – (3:1) Botanic GOLD is a great overall vehicle cleaner because of its oil emulsifying properties. Use 2-3 ounces of concentrate per gallon of water. Also, use a 3:1 spray solution to remove bugs, tar and other grit. Sponge clean, then rinse.

“This fall while I was getting my camper ready for the winter I noticed several spots and clumps of tar on the front of my camper. I used a 7:1 mix of Botanic GOLD and sprayed the areas. I let Botanic GOLD soak long enough to grab my towel. The tar came off in just a few wipes.”
Matt Sargent, Ankeny, IA

TIRES – (3:1) Spray on, then agitate with a stiff brush, and rinse off with water. Buff dry.

TIRE MARKS – (1:1) Spray mark, let sit for a minute or two, scrub with a stiff brush, rinse.

VINYL AUTO TOPS – (7:1) Spray and gently agitate with a damp terry cloth.

WINDSHIELDS/WINDSHIELD WIPER FLUID - (63:1 or 127:1) Fill your vehicle's wiper fluid container with highly diluted solution to help keep bugs and grime off your windshield.
TIP: After you've emptied your bottle of Botanic GOLD concentrate, fill with purified water to “rinse” remaining soap from bottle. Use this to fill up your wiper fluid!

Other Uses:

BOATS & YACHTS – (3:1) For areas coated with carbon or oil, spray with Botanic GOLD and leave up to 30 minutes. Wipe with wet terry cloth. For other areas, wait from 30 seconds to two minutes before wiping, depending on the type of surface. For vinyl seats, use Botanic GOLD, wipe with a damp cloth. Heavy buildup may require some scrubbing with a brush.

FARM EQUIPMENT – (3:1) Follow manufacturer's instructions. Spray and wipe, scrub with stiff brush, if necessary. If an unpainted part needs to be cleaned/degreased, put 3:1 solution in a bucket or tub to cover part, immerse part in solution and let soak until it can be easily wiped clean.

INDUSTRIAL MACHINES – (3:1) Spray with 3:1 solution. Scrub and rinse. May require a 1:1 solution for seriously greasy surfaces.

MACHINERY – (3:1) Follow manufacturer's instructions, if any. Spray and wipe, scrub with a stiff brush, if necessary. If a part needs to be cleaned/degreased, put 3:1 solution in a bucket or tub to completely cover part, immerse part in solution and let soak until it can be easily wiped clean. See also **AUTO PARTS**.

PRINTING PRESSES – (3:1) (May require 1:1 dilution.) Spray and wipe clean.

DISCLAIMER

The personal statements included in this booklet are for training and instructional purposes only. These are actual testimonials from satisfied users of Botanic GOLD. Original copies of these testimonials are on file. These statements and suggested uses have not been scientifically evaluated, nor does Symmetry Direct purport that its products are intended to treat or cure any disease or medical condition.

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